

Do you find joy in helping seniors in your community remain independent?



The Tri-Cities Better at Home needs:

- ★ Volunteer Drivers
- ★ Volunteer Handy Helpers
- ★ Volunteer Grocery Shoppers
- ★ Friendly Visiting Volunteers

Are you?

- 21 years of age or older
- Willing to undergo Criminal Record Check
- Willing to use your own vehicle, provide proof of a valid driver's license and ICBC insurance, and a driver's abstract (for Volunteer Drivers only)
- Able to commit for a minimum of 6 months
- Reimbursement for mileage cost is available for Volunteer Drivers.

If yes, we want to hear from you!

SHARE Family & Community Services is the local organization providing the Better at Home Program in the Tri-Cities



TO REGISTER, BOOK FOR SERVICES OR FOR MORE INFORMATION, CONTACT:

Tri-Cities Better at Home

Reception: 604-540.9161
Fax: 604-540-2290

betterathome@sharesociety.ca

Location: 104-3020 Lincoln Ave.,
Coquitlam BC V3B 6B4
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2023



United Way
British Columbia

Working with communities in BC's Interior, Lower Mainland, Central & Northern Vancouver Island



Tri-Cities

BETTER AT HOME

Offers non-medical services for Tri-Cities seniors 65+

Tri-Cities Better at Home helps seniors with simple day-to-day tasks, thereby helping them maintain their independence and stay connected with their community. The program offers specific non-medical services to seniors who are:

- 65 years old or older
- Residents of Tri-Cities
- Living in their own home

About the program:

- ✔ Pre-registration is required.
- ✔ Light housekeeping, transportation to doctor's appointments, and minor home repair services are provided for a fee based on household income.

Tri-Cities Better at Home does NOT provide assistance with home support such as caregiving, personal hygiene, physical mobility, medical needs, meal preparation, pet bathing, yard work or snow removal.

Tri-Cities Better at Home Services



Light Housekeeping

A contracted housekeeper will perform light housekeeping services on behalf of the Tri-Cities Better at Home. Cleaning supplies and equipment including a vacuum must be provided by the senior.

There may be a wait list for the subsidized housekeeping service.



Minor Home Repair

Volunteer Handy Helpers perform specific, minor house repair tasks in senior's homes. Seniors will be asked to sign a waiver.



Friendly Visiting

Volunteers visit and/or call seniors in their home on a regular basis for companionship to help reduce isolation.



Transportation

Using their own vehicle, volunteer drivers provide seniors with transportation to their doctor's appointments across Metro Vancouver. Parking costs are paid by the senior.

- * Only foldable assistive equipment such as walkers/mobility aids may be transported in the volunteer's car. If a senior needs assistance using assistive equipment (such as wheelchairs), he/she will need to be accompanied by a relative or a friend.

Our volunteer drivers are not trained to assist with devices that require specific knowledge such as oxygen cylinders, etc.



Grocery Shopping

Volunteers call seniors to get their grocery orders and enter them into the store's website. The store delivers the orders for a fee.



Food Support

Volunteer drivers deliver food hampers to seniors who are accessing the Tri-Cities Food Bank and have severe mobility challenges.