

Free Early Years Programs

0-6 Years old January to March 2025

Family Drop-in Programs (Starts on the week of January 6)

Toys, arts and craft, circle time, parenting support and resources. For children 0-6 years old and their family.

love

No registration is required.

Lincoln Family Drop-in

Fridays 9:30am - 12:00pm #104-3020 Lincoln Ave., Coquitlam

<u>Clarke Street Family Drop-in</u>

Tuesdays 9:30am - 12:00pm Wednesdays 9:30am - 1:30pm 2615 Clarke Street, Port Moody

Love My Baby Drop-in

No registration is required. For infants **0-18 months old** and their family.

Nursery songs, child development and parenting information.

Co-facilitation by Infant Development Consultant (Kinsight) and Family Support Worker (SHARE).

Fridays: January 10 - March 14 (1:30 - 2:45pm)

Tri-Cities Children's Centre (#101 - 2312 St. John's St., Port Moody)





Korean Nobody's Perfect Parenting Group

Pre-registration is required

For parents and grandparents with 0-5 years

Learn about information on child health, social emotional development, behaviour, safety and ideas of coping with stress

Childminding & light meal provided

6 Thursdays, January 23 - February 27

10:00am - 12:00pm

2615 Clarke Street, Port Moody

Registration: (English) <u>amy.wong@sharesociety.ca</u>

(Korean) JaiKyung.Lee@sharesociety.ca

Please provide your name and contact number, child's name and age in the email.

Sensory Play for Neurodivergent Children

Pre-registration is required

Small group activities (up to 6 families) that engage their sense, enhance eye-hand coordination, explore toys and objects with

Family Support Worker

February 6 &

March 6 (Thursday)

10:00 - 11:30am

#104-3020 Lincoln Ave., Coquitlam

Registration: <u>amy.wong@sharesociety.ca</u> Please provide your name and contact number, child's name and age in the email. In order to have better preparation, you

Support to individual families

Community resources One-on-one parenting coaching Develop parent-child attachment Parent's mental wellness Play that support development Limit setting & positive discipline strategies

Contact Amy for information or to schedule

can mention your request for accommodating your child's needs.

Information for all programs amy.wong@sharesociety.ca

Call/text: 604-250-0018

https://sharesociety.ca/early-yearscommunity-parenting-programs