

Free Early Years Programs

0-6 Years old September to December 2026

Family Drop-in Programs

Play, circle time, fun with different themes, parenting support and resources. For children 0-6 years old and their family.

No registration is required. Facilitated by Early Childhood Educator, Zohreh (except Wednesdays).

Clarke Street Family Drop-in (start on Sept 16)

Wednesdays: 9:30am - 1:30pm
2615 Clarke Street, Port Moody

PoCo Family Drop-in (Sept 8 - Dec 18)

New
schedule

Tuesdays: 3:30 - 5:30pm

Thursdays: 3:30 - 5:30pm

Fridays: 9:30am - 12:00pm

#500 - 2755 Lougheed Highway, Port Coquitlam



Food Skills for Newcomer Families

Registration is required. For newcomer families with child aged 0-5 years old.

Learning hands-on cooking skills, making healthy eating, and cooking easy, quick and fun.

Thursdays: October 29 - December 10 (no session on Nov. 12)

10:00am - 2:00pm

2615 Clarke Street, Port Moody

Registration: farah.kabir@sharesociety.ca

Daytime and
Evening
programs
are
available!



Inlet Fire Hall Visit

Registration is required.

For children 3-6 years old and their family. Maximum 10 children for the visit.

November 24 (Tuesday)
9:45 - 10:45am

**150 Newport Drive,
Port Moody**

Registration:

amy.wong@sharesociety.ca

Please provide your name and contact number, child's name and age in the email.



Love My Baby



Registration is required

(scan QR code)

Registration every Thur at
12:00nn

Partnership with Kinsight

For infants **0-18 months** and their family living in Tri-Cities

Maximum 2 caregivers per child
Nursery songs, obtain information on development, parenting and resources.

Fridays 1:30-2:45pm

Sept 11 to Dec 11



(no sessions on
Oct 2 & Nov 20)

**#101-2312 St. Johns St.,
Port Moody**



Nature Scavenger Hunt

Registration is required

For parents and grandparents with
0-5 years old

Partnership with Burke Mountain Naturalists

Learn about birds, trees, bugs ...in the local nature parks with your **0-6 years** old children. **Stroller friendly** location.



September 22

9:45 - 11:30am

Como Lake Park

Registration:

amy.wong@sharesociety.ca

Please provide your name and contact number, child's name and age in the email.



Support to individual families

Community resources
One-on-one parenting coaching
Develop parent-child attachment
Parent's mental wellness
Play that support development
Limit setting & positive discipline strategies

**Contact Amy/Farah for
information
or to schedule**



Information for all programs

Amy Wong: 604-250-0018 / amy.wong@sharesociety.ca

Farah Kabir: 604-839-8075 / farah.kabir@sharesociety.ca

<https://sharesociety.ca/early-years-community-parenting-programs>